Individuals Served by FNC in FY18

- Welcome Baby: 490
- Parent-Child Playgroups: 552
- Parent-Child Home Program: 221
- Nurturing Programs: 281
- Parenting Education other: 75
- Nurturing Program Facilitator Trainings: 246
- Family/Community Events: 400+
- Allston-Brighton Diaper Pantry: 250+
- Child Developmental Screenings (Ages & Stages Questionnaires or ASQs): 169 of above families
Welcome Baby FY18

• 245 home visits
• 83% of overall family participants were eligible for public benefits, including WIC, SNAP, etc.
• 18% of families self-reported as homeless
• Over 50% spoke a language other than or in addition to English
• 1/3 of WB families engaged with another FNC program
30 of 75 surveyed parents were reading less than twice per week at the time of the visit. At the time of the phone survey, 21 (70%) of the 30 had increased their reading frequency to at least 2-3 times per week. 16 (89%) of the 18 who reported never reading at the visit were reading to their child.
Parent-Child Playgroups FY18

- 250 families enrolled: 269 parents/caregivers, 283 children
- Over 55% of families spoke a language other than or in addition to English
- More than 75% of Playgroup families engaged with at least one other FNC program (including ASQ, Diaper Pantry, other Playgroups, parenting ed., etc.)
Playgroup FY18 Survey Results
49 parents responding with perception of child’s behavior before and after Playgroup involvement

Demonstration of School Readiness Skills

- Following the playgroup leader’s directions, before: 58%, after: 92%
- Easily transitioning from one activity to another, before: 42%, after: 8%
- Feeling comfortable trying new things, before: 47%, after: 53%

Demonstration of Social-Emotional Skills in non-Playgroup Settings

- Playing independently, before: 73%, after: 27%
- Sharing with other children, before: 53%, after: 73%
- Playing alongside other children, before: 47%, after: 53%
- Controlling his/her own behavior in a group, before: 73%, after: 27%

a) following the playgroup leader’s directions, b) easily transitioning from one activity to another, and c) feeling comfortable trying new things

a) playing independently, b) sharing with other children, c) playing alongside other children, and d) controlling his/her own behavior in a group
Parent-Child Home Program FY18 Results

83 families completed at least one 23-week cycle of PCHP home visits (2 visits per week).

<table>
<thead>
<tr>
<th>Parents completing two cycles</th>
<th>Pre</th>
<th>Post</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scoring 3 to 4 (overall avg) on Parent and Child Together (PACT)</td>
<td>67%</td>
<td>94%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Children completing two cycles</th>
<th>Pre</th>
<th>Post</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scoring 3 to 4 (overall avg) on Child’s Behavioral Traits (CBT)</td>
<td>33%</td>
<td>94%</td>
</tr>
</tbody>
</table>

_PCHP considers an overall average of a 3 on the CBT to be an indicator of school readiness._

_(Scoring: 0 Never, 1 Rarely, 2 Sometimes, 3 Usually, 4 Always achieving observed tasks)_
Nurturing Parenting Programs FY18

18 programs for families and fathers; 281 parents and children participating

Overall average percentage increase of **32% in Empathy; 19% in Discipline with Dignity** – two constructs most closely aligned with the risk for abuse and neglect.
“I now read to my baby, using the English books, but I tell the stories in Portuguese based on the pictures I see. My Visitor showed me how I can read this way to my baby.” - Welcome Baby visit recipient

“I learned how to speak to my children without screaming. I learned to put myself in my children's shoes and respect their decisions.” - Crianza Con Cariño* graduate
(*Nurturing Program for Spanish-speaking families)

“I am now listening to my kids, nurturing them, being there, goofing off. I have promised myself that I will always tell them I love them.” - Nurturing Fathers’ Program graduate

“The group was realistic, raw, and I got a lot of emotions out that needed to be discussed. Best class I ever attended! They treated everyone with respect and dignity." – Birth, Foster, and Kinship Nurturing Program graduate

“I loved talking with other moms about ages and stages, ideas for meals, activities, etc. The Playgroup provided good socialization skills to my kids and a social opportunity for me.” - Parent-Child Playgroup mom

“The Parent-Child Home Program shined a light on my son and taught me many things. I learned that the most valuable thing you can give is your time. Invest time in your child because you shape them." - Parent-Child Home Program graduate