January—February 2020
Programs for Allston-Brighton families with children 0-4 years old
Enero—Febrero 2020
Programas para las familias de Allston-Brighton con niños 0-4 años de edad

Happy New Year!!!

Meet Our Team

Clementine Ribeiro (Tina) is our Parent Partner responsible for Welcome Baby Visits, Developmental Screenings and our Universal Pre-K (UPK) specialist, the newest BPS initiative. You can meet with Tina on Tuesdays from 1-5 pm at our office.

Elayne Baskin is our most experienced staff member. She is our Playgroup Coordinator and Facilitator. Elayne leads playgroups on Tuesdays, Wednesdays and Thursdays. Please see schedule on the next page.

Clementine Ribeiro (Tina) es nuestra Embajadora de Padres, responsable por visitas de Bien-Venido Bebe, evaluaciones de desarrollo y nuestra especialista en la mas nueva iniciativa de las escuelas publicas de Boston Pre-K Universal. Usted podra encontrarse con Tina los dias Martes de 1-5 pm en nuestra oficina.

Elayne Baskin es la persona con mas experiencia de nuestro personal. Ella es la coordinadora y facilitadora de los grupos de juegos. Elayne prove grupos los dias Marte, Miercoles y Jueves. Por favor, miren los horarios de los grupos de juegos en la proxima pagina.

Coordinated by Family Nurturing Center of Massachusetts, Funded by Massachusetts Department of Early Education and Care (Boston Family Engagement Network), New Balance Foundation, Boston Children’s Hospital, Cummings Foundation, Nordblom Family Foundation, United Way of Massachusetts Bay, Harvard Allston Partnership Fund, Hamilton Company Charitable Foundation, Rockland Trust-Peoples Federal Foundation, Rodman Celebration for Kids, East Boston Savings Bank, and Boston College Community Fund.
<table>
<thead>
<tr>
<th>Day- Dia de la Semana</th>
<th>Age Group– Edades</th>
<th>Time- Hora</th>
<th>Location-Ubicacion</th>
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<tbody>
<tr>
<td>Tuesdays Martes</td>
<td>Ages 1 to 4 years. Para niños de 1-4 años de edad</td>
<td>11:00 am - 12:30 pm</td>
<td>Brighton Library Community Room 40 Academy Hill Rd., Brighton Bus #57, #86</td>
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<td>With Elayne Baskin</td>
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<td>Wednesdays Miércoles</td>
<td>NEW! Play, Read and Be Ready! Ages 2 1/2 to 4 years Younger siblings welcome! De 2 1/2 a 4 años de edad Hermanos bebes serán bienvenidos!</td>
<td>10:30 am - 12:00 pm</td>
<td>Josephine Fiorentino Community Center, Charlesview 123 Antwerp St. Extension, Brighton. – Between 370 and 420 Western Ave, Bus #86</td>
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<td>With Elayne Baskin</td>
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<td>REGISTRATION REQUIRED!</td>
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<td>Wednesdays Miércoles</td>
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<td>With Elayne Baskin</td>
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<tr>
<td>Jueves SPANISH!</td>
<td>Ages 1-4 years Para niños de 1 a 4 años</td>
<td>10:00 am - 11:30 am</td>
<td>Josephine Fiorentino Community Center, Charlesview 123 Antwerp St. Extension, Brighton. – Between 370 and 420 Western Ave, Bus #86</td>
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<tr>
<td>With Maria Rey</td>
<td>*NO playgroup on 1/1</td>
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<tr>
<td>Thursdays Jueves</td>
<td>1 and 2 years old Younger siblings welcome! Para niños de 1 y 2 años de edad Hermanos menores bienvenidos!</td>
<td>10:30 am - 12:00 pm</td>
<td>Harvard Ed Portal 224 Western Ave., Allston Bus #66, #86</td>
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<td>With Elayne Baskin</td>
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<td>Fridays Viernes</td>
<td>Babies–Bebés Birth to crawlers and cruisers— Del nacimiento a los gateadores</td>
<td>10:30 am - 12:00 pm</td>
<td>Harvard Ed Portal 224 Western Ave., Allston Bus #66, #86</td>
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<td>Bilingual English/ Spanish</td>
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<tr>
<td>With Maria Rey</td>
<td>*NO playgroup on 1/3</td>
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- Choose one group by age for the whole year/ Elija un grupo por edad para todo el ano
- Playgroups are a NO phone zone/ Celulares NO son permitidos durante el grupo
- For more information, feel free to call / Para mas información, sientase libre de llamar a Elayne 617-365-3941 (English) or Maria 857-220-2642 (Español)
Ages & Stages Questionnaire—ASQ

Are you curious or concerned about your child’s development and social-emotional growth?
Schedule your visit with one of our visitors today!

Visits can be scheduled at the office or at your home! Easy, friendly and focused on child development!
¡Las visitas se pueden programar en la oficina o en su casa! Fácil, amigable y enfocada en el desarrollo infantil!

Available in: English, Spanish, Portuguese, Chinese, German, Urdu, Punjabi, Hindi, Cape Verdean and Haitian Creole, French and Wolof.

To schedule a visit please contact:
Maria Rey at 857-220-2642
mrey@familynurturing.org

Welcome Baby Visit

Do you have a newborn or a baby up to 8 months old? Would you like to get connected or learn about resources in our community?

Welcome Baby brings a one-time celebratory home visit to all families with newborns in Allston and Brighton. Call for yourself or refer a friend!

Bienvenido bebe trae una visita al hogar de celebración para toda las familia con recien nacidos en Allston y Brighton. Contactenos para programar una visita o referir a una amiga.

Available in: English, Spanish, Portuguese, German, Urdu, Punjabi, Hindi, Cape Verdean and Haitian Creole, French and Wolof.

To schedule a visit or refer a friend, please contact:
Samilla Quiroa at 857-220-2640
squiroa@familynurturing.org

What is UPK???

The BPS Universal Pre-K program provides high-quality preschool for every 4 year old living in Boston at no cost to families.

All Boston children who are 4 years old by September 1, 2019 are eligible. The preschool program is a full six-and-a-half hour school day at either a BPS school or at a community early learning center.

Universal Pre-K is funded by $15 million from Mayor Martin J. Walsh, who is committed to providing a high-quality education to every child in every neighborhood.

Enroll your child today! Visit Tina at our office every Tuesday from 1-5 pm and learn how to enroll your child.
The Mind Matters: Families Make a Difference

A 10-session workshop for parents with children ages 3-8 providing educational resources and community support.

- Learn strategies for fostering your child’s development and learning at home and in school;
- Discover cutting-edge brain research, developed at Harvard University, on children’s social, emotional, and intellectual growth;
- Participate in hands-on activities, mini-lectures, and watch videos while working in groups and receiving support from other families;
- Receive learning materials and educational activities to use at home!

Breakfast and childcare provided at each session.

When: Wednesdays
January 15-March 25, 2020
(no session on Feb. 19)
Time: 9:30-11:30 am
Where: Harvard Ed Portal
224 Western Ave., Allston

To Register: bit.ly/2020HEPMM
or Libna Ramos at 617-496-5022

Interactive Parent-Child Event
Books, Blocks & Balls

Help your child master skills through playing:

- Gross and Fine Motor Skills
  - Problem Solving Skills
  - Emergent Literacy
  - Emergent Math

When: January 22, 2020
Time: 10:30 am - 12:00 pm
Where: Josephine Fiorentino Community Center
123 Antwerp St, Allston, MA

Who: For parents and their children ages 1-3 years old.

To register, please contact:
Maria Rey @ mrey@familynurturing.org
or 857-220-2642

Please include: name, phone number and number of children attending.
**Allston–Brighton Diaper Pantry**

**Every Tuesday 2:00-5:00pm**

640 Washington St Suite 104, Brighton.

All Participants MUST show every month: one proof of Allston-Brighton residency (I.D.s are NOT accepted; please bring a recent bill, lease, or piece of mail as proof of residency) and their WIC Card or MassHealth card. Donations accepted!

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**Allston-Brighton Despensa de Pañales**

**Todos los martes de 2:00 a 5:00 pm**

640 Washington St Suite 104, Brighton.

Todos los participantes DEBEN presentar todos los meses: un comprobante de dirección de Allston-Brighton (No IDs). Acceptamos una cuenta reciente, una carta que recibió por correo o contrato de alquiler y la tarjeta de WIC o de MassHealth. Acceptamos donaciones!

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**Parent University Workshop**

**The Homework Ready Household**

Learn:

- Effective practices for establishing a strong routine around homework
- **How to equip your homes with the tools** your children need for success

When: 1/10/20 from 5:00 pm—6:30 pm
Where: Family Nurturing Center A-B Office
640 Washington St., Brighton
Who: Parents and children ages 4-5

To register, please contact:
Maria Rey @ mrey@familynurturing.org or 857-220-2642. Please include name, phone number and number of children attending

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**Taller de Parent University**

**El Hogar Listo para las Tareas**

Aprenda:

- Practicas efectivas para establecer una rutina fuerte alrededor de la tarea.
- **Como equipar su casa con** herramientas que sus hijos necesitan para el éxito.

Cuando: 1/10/20 de 5:00 pm a 6:00 pm
Donde: Family Nurturing Center
640 Washington St. Brighton
Who: Padres e hijos de 4-5 años

Inscríbase con:
Maria Rey @ mrey@familynurturing.org o 857-220-2642. Por favor incluya su nombre, teléfono y número de niños que participarán.
Family Nurturing Center of MA
Allston-Brighton Family Support Network
640 Washington Street, Suite #104
Brighton, MA 02135
Phone: 857-220-2640
www.familynurturing.org

New Year, New Playgroup!
Play, Read, and Get Ready for a successful school year this fall by joining our eight-week pre-school readiness playgroup and observe how your child learns through play.

- Why are blocks and construction toys learning tools?
- What skills is your child gaining by stringing, shape sorting, and following directions at circle time?
- Why is dramatic play so important in enhancing your child’s social emotional skills?
- How does handling transitions and conflict resolution help the entire family become school ready?

Come learn about the “hidden curriculum” needed to help your child and your family begin the school year with success - from building routines and learning self-help skills before school even begins, to tips for navigating lunchtime and the playground.

Bring your own questions, and join us as we explore the answers to these questions and more!

This group is geared to families with preschoolers not yet in BPS or Head Start. Younger siblings welcome.

Please enroll for this 8 week group by 1/10/20 (space is limited).

Text or call Elayne Baskin at 617-365-3941 to enroll

Have you visited our local branch libraries?! Has visitado nuestras bibliotecas locales?

- Honan Allston Branch Library
  300 North Harvard St, Allston
  617-787-6313

- Brighton Branch Library
  40 Academy Hill Rd, Brighton
  617-782-6032

- Faneuil Branch Library
  419 Faneuil St, Brighton
  617-782-6705

Please look for events at each branch visit/Para actividades en cada biblioteca visite www.bpl.org

Coming Up in February…

2/8: Valentine’s Day Crafts
Join us for a fun Saturday afternoon filled with creativity and love!
Integrese con nosotros para una tarde de Sábado llena de creatividad y

2/22: Art After 2
How about gathering together for an artistic and fun afternoon? Join us and let the artist in you inspire your masterpiece!
Que tal reunirnos para una tarde artística y divertida? Integrese con nosotros y cree su obra de arte!

Where: 640 Washington St-Brighton
Time: 2-3:30 pm
Who: Caregivers and their children. All ages welcome!
To register, please contact Maria Rey (contact information below).

Are we friends?!
Please like us on Facebook today!

Samilla Quiroa
Site Coordinator
857-220-2640
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Maria Rey
Early Childhood Specialist/Parent Leader
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mrey@familynurturing.org

Elayne Baskin
Playgroup Coordinator
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ebaskin@familynurturing.org